

Step therapy – Premium

Utilization management updates
July 1, 2022



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The step therapy program gives you the treatment you need, usually at a lower cost.

This is a list of medications that have been added to the step therapy program.

Here's how it works:

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the step therapy program, call the phone number on your member ID card.

Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered. Therapeutic use Step 1 medication Step 2 medication

Condition	Step 1	Step 2
Anti-infectives		
Oral brand tetracyclines	Any one of the following generics: doxycycline, minocycline	VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic agents	ofloxacin	CETRAXAL , ciprofloxacin otic
Cardiovascular		
Renin-angiotensin system agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTURNIA HCT
Fibric acid derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND LIPOFEN	FENOGLIDE, FIBRICOR, TRIGLIDE
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID, SIMVASTATIN SUSP
Central nervous system		
ADHD agents	Any two of the following generics or preferred brands: amphetamine-dextroamphetamine IR, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER VYVANSE	ADZENYS ER², ADZENYS XR ODT², APTENSIO XR², COTEMPLA XR-ODT², DAYTRANA², DESOXYN², DYANAVEL XR², JORNAY PM², METHYLIN² solution, MYDAYIS², PROCENTRA², QUILLICHEW ER², QUILLIVANT², ZENZEDI²
	Any two of the following generics: atomoxetine, guanfacine, clonidine	KAPVAY
Anticonvulsants ³	Any one of the following generics: lamotrigine IR, levetiracetam IR or ER, oxcarbazepine IR, topiramate IR	BRIVIACT, XCOPRI
	topiramate IR	TROKENDI XR
Antidepressants ³	bupropion ER	APLENZIN²
	Any two of the following generics: desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER	FETZIMA²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	DESVENLAFAXINE ER², PAXIL suspension, TRINTELLIX²
	Any one of the following generics: duloxetine	DRIZALMA
Antipsychotics ³	Any two of the following generics: asenapine, aripiprazole, clozapine, olanzapine, paliperidone, quetiapine IR or ER, risperidone, ziprasidone	CAPLYTA², FANAPT²
Insomnia agents	Any one of the following generics: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	BELSOMRA², DAYVIGO²
	Any one of the following generics: zolpidem, zolpidem CR	EDLUAR², ZOLPIMIST²
Migraine agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	ZOMIG NASAL²
Neurologic agents	gabapentin	GRALISE²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	pregabalin ER, SAVELLA²
Non-narcotic analgesics	Any two of the following generics: diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	INDOCIN suppository, INDOCIN suspension, INDOMETHACIN capsules, LOFENA, TIVORBEX, VIVLODEX

Bold type = Brand-name drug

Plain type = Generic drug

Condition	Step 1	Step 2
Opioid withdrawal	clonidine	LUCEMYRA ²
Parkinson's disease	Any one of the following generics: pramipexole IR or ER, ropinirole IR or ER	NEUPRO
	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Both of the following generics: rasagiline, selegiline	XADAGO ²
	Any one of the following generics: entacapone	ONGENTYS
Dermatology		
Rosacea	Any one of the following generics or preferred brands: azelaic acid gel, FINACEA FOAM , SOOLANTRA	FINACEA GEL , ZILXI
Skin cancer agents	Any one of the following generics: fluorouracil, imiquimod 5%	diclofenac gel 3% ² , PICATO
	Both of the following generics: fluorouracil, imiquimod 5%	KLISYRI
	imiquimod 5%	imiquimod 3.75%
Topical immunomodulators	tacrolimus ointment	pimecrolimus, PROTOPIC ointment
	Any one of the following generics: aclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone, tacrolimus, pimecrolimus	EUCRISA
	Any three of the following generics or brands: clocortolone 0.1% cream, fluocinolone acetone 0.025% ointment, flurandrenolide 0.05% ointment, fluticasone propionate 0.05% cream, hydrocortisone valerate 0.2% ointment, mometasone furoate 0.1% cream/lotion/solution, triamcinolone 0.1% cream/ointment, triamcinolone 0.05% ointment, triamcinolone aerosol spray, calcipotriene-betamethasone suspension, ENSTILAR , TACLONEX suspension	SERNIVO
Endocrinology		
Diabetic agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	AVANDIA , CYCLOSET , RIOMET , RIOMET ER
DPP4 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET , JANUMET XR , JANUVIA , JENTADUETO , JENTADUETO XR , TRADJENTA
GLP-1 agonists	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	BYDUREON ² , BYDUREON BCISE ² , BYETTA ² , OZEMPIC ² , RYBELSUS ² , TRULICITY ² , VICTOZA ²
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	SOLIQUA ² , XULTOPHY ²
SGLT2 inhibitors	Any one of the following generics or brands: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin OR any one of the following generics: captopril, enalapril, lisinopril, quinapril, ramipril, fosinopril, trandolapril, perindopril, candesartan, valsartan, losartan, bisoprolol, carvedilol IR, carvedilol ER, metoprolol succinate, spironolactone, eplerenone, ENTRESTO	FARXIGA , JARDIANCE
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	GLYXAMBI , SYNJARDY , SYNJARDY XR , TRIJARDY XR , XIGDUO XR
Gastroenterology		
Constipation agents	Any one of the following generics: lactulose, polyethylene glycol	LINZESS ² , SYMPROIC ²
	Any one of the following generics: lactulose, polyethylene glycol AND LINZESS ¹	MOTEGRITY ²
Proton pump inhibitors	Any two of the following generics: dexlansoprazole, esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole	ACIPHEX SPRINKLE ² , ESOMEPRAZOLE STRONTIUM ² , FIRST-LANSOPRAZOLE , FIRST-OMEPRAZOLE , PREVACID , PRILOSEC PACKET ² , PROTONIX PACKET ²
Hormone modifiers		
Thyroid replacement	levothyroxine	ARMOUR THYROID , NATURE-THROID , WESTHROID , WP THYROID

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Condition	Step 1	Step 2
Miscellaneous		
Antigout agents	allopurinol	ULORIC
Iron replacement	Any one of the following generics: ferrous sulfate, ferrous gluconate, ferrous fumarate	FERAHEME, ferumoxytol, INJECTAFER, MONOFERRIC
Obstetrics and gynecology		
Contraceptives	Any one of the following generics: Gemmily, Merzee, norethindrone-ethinyl estradiol-ferrous fumarate	TAYTULLA
Hormone replacement	estradiol patch	ALORA, MENOSTAR, MINIVELLE
	Any one of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	FEMRING
	Any two of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	INTRAROSA
Oncology		
Chemotherapy rescue agents	levoleucovorin	KHAPZORY
Ophthalmology		
Antiglaucoma agents	All of the following generics and preferred brands: latanoprost, travoprost, LUMIGAN	XELPROS²
Ophthalmic antihistamines	Both of the following generics: azelastine AND olopatadine	bepotastine, LASTACAPT
Respiratory		
Epinephrine auto injectors	Generic epinephrine	EPIPEN
Leukotriene modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO
Long-acting bronchodilators	Any two of the following preferred brands: ADVAIR, BREO ELLIPTA, SEREVENT, STRIVERDI RESPIMAT, SYMBICORT	ARCAPTA
Urology		
BPH agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
Overactive bladder agents	Any two of the following generics or preferred brand: generic oxybutynin IR/ER, generic tolterodine IR/ER, generic trospium IR/ER, generic solifenacin, generic darifenacin ER, MYRBETRIQ	GELNIQUE, OXYTROL²

Step therapy requirements are effective as of July 1, 2022. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

³ Applies to new starts only



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